

Who offers you the perfect mix
of Zen and glamour?

The Urban Spa

Sheer relaxation and indulgence are mere moments away at The Hotel.
The Urban Spa & Fitness features 250 m² of space dedicated to relaxation and well-being.

Indulge yourself in a sauna, a steam room,
a gym fitted with the top of the line cardio and strength equipment,
and three spa treatment rooms

All areas come with fantastic city skyline views.

For more information and reservations
DIAL 9

The Urban Spa & Fitness on the 23rd floor
Every day from 06:30 until 22:30

Rejuvenation within The Urban Spa is reserved exclusively for hotel guests.

Massages

therapeutic, relaxing, comforting

The Oriental massage

A deep relaxing massage using Argan oil that hydrates and regenerates the skin. Start with a short hammam to relax the body and eliminate toxins.

55min €78 — 1h25 €120

The Balinese massage

A full-body, deep-tissue, holistic massage combining acupressure, stretching and aromatherapy to stimulate the body's natural energy.

55min €78

The Shiatsu relaxing massage

Shiatsu, based on the Chinese medicine concept of "ki", works on the body's meridians to promote mental, emotional and physical well-being.

55min €78 — 1h25 €120

The Japanese Face and Head massage

An anti-stress Shiatsu massage for mental, emotional and physical well-being before or after a hard working day that gives vitality.

25min €49

The relaxing legs massage

A relaxing deep tissue massage perfect after a long city walk or for heavy legs problems.

25 min €49

The relaxing foot reflex massage

A massage technique based on the reflex zones of the feet linked to internal organs. Perfect at the end of a hard day... or to get ready!

25 min €49

Spa Treatments

cleansing, healing, soothing

Face care

Cleanse, exfoliate and moisturize with organic products and oils for your type of skin: oily, normal/combination, dry, sensitive or sun-damaged

25min €45

Douces Angevines face care

A beautiful trip into the organic wellbeing philosophy of Douces Angevines. Gentle santal face exfoliation.

55min €85

Manicure

Fingernails and hand treatment: filing, shaping, treatment and hand massage, as well as nail polish and buffing.

25min €45



La beauté par nature

Oriental magic is the trigger. NAFHA is filled with poetry, this Arabic word means both 'the spirit' and 'the essential element', light and profound, like the beauty of a smile and a soul. NAFHA combines the glamour and the natural beauty of the Orient with Western lifestyles by creating products with organic ingredients.



Douces Angevines

Every elixir is created in small quantities, following the traditional, medieval herbalist women's remedies. It contains the best of solar and lunar energy, and faithfully transmits the spirit of the plants that are used.

Accept these precious fluids as a gift of love from nature, and let your body and soul open up to their beneficent power.

Spa Etiquette

Health Matters

Please communicate your health conditions such as high blood pressure, allergies, pregnancy or any health-related concerns you may have when making your appointment.

Spa Attire

Spa attire, including a choice of spa underwear, is available. Alternatively, you may prefer to wear your own. Choose what is most comfortable for you. You can change in the spa treatment room or the adjacent ladies/gents changing rooms. The therapists always use draping techniques to respect your privacy.

Valuables

You can leave your personal belongings in a secured locker in the changing rooms.

Spa Arrival

Arriving late may make it necessary to limit the time for your treatment so the next guest is not delayed. Please arrive ten minutes prior to your scheduled treatment time.

Cancellation Policy

A 50% cancellation fee will be charged for treatments cancelled less than six hours prior to the appointment time. No-show or cancellation with less than two hours notice will be charged at 100%.

